

## Using the Lord's Prayer as a model to learn how to pray

1. Address God as the Father. Tell Him who we know him to be and what he means to us. Sample: *Heavenly, Father. You are our God and Savior.*
2. Thank God for who he is and what he has done. Thank Him for the ways that he blesses our lives, both big and small. Sample: *Thank you for loving us and taking care of us.* (You can also thank him for the church, elementary group, teachers, friends, family, protection, etc.)
3. Tell Him that you understand we can depend on Him and trust Him because He is in control. Sample: *Because you are so powerful and almighty, we can always go to you for help. You always take care of us.*
4. Ask God for what we need. Share specific requests of God for our lives and for others. Sample: *Please help our elementary group to learn to love you more. Please protect those who are suffering because of wars.*
5. Confess how we have sinned and ask for forgiveness. Ask him to help us overcome temptations. Sample: *Please forgive us for making selfish choices this week. Forgive us if we have hurt someone with our words.*
6. End the prayer by saying, "In Jesus's name I pray, Amen." OR "I pray in Jesus's name, Amen."

### A Sample Prayer:

*Wonderful, Father. You are our Creator and Protector. We thank you for having protected us throughout the week. Thank you for giving us a beautiful day to worship and praise you together in this church. We want to go to you everyday because you know what is good for us. Please help us to remember what you tell us through the Bible today. Help us to follow Jesus and be kind to others this week. We pray that you will protect the children who are suffering from wars around the world. Also, please forgive us for our sins and help us not to do the same wrong things again this week. In Jesus's name I pray, Amen.*